

Information and Consent to Treatment

By signing below, I do hereby voluntarily consent to be treated with Healing Touch, Reiki or Reflexology by Véronique Viola. I understand that Energy practitioners practicing in the state of North Carolina are not primary care providers and that regular primary care by a licensed physician is an important choice that is strongly recommended.

Véronique Viola is a Healing Touch Certified Practitioner/Instructor, Reiki Master/Teacher and Reflexologist. She has been practicing her art for several years and she continues to deepen her understanding of the field by committing to a lifelong learning of energy modalities.

Healing Touch is a gentle, complementary energy based approach to health and healing that can assist the body in its natural ability to heal. Practitioners use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and healing. It is accomplished through the use of contact and/or non-contact touch. During your session you will remain fully clothed. After intake/update interview, I will proceed to use any Healing Touch techniques appropriate to your needs. There is a high likelihood that you will experience the relaxation response during the session. A feedback discussion will follow.

Reiki is a natural therapy that gently balances life energies and brings health and wellbeing. The practitioner uses light touch to scan, balance and clear stagnant energies. A treatment feels like a wonderful glowing radiance that flows through you and surrounds you. Reiki treats the whole person including body, emotions, mind, and spirit and creates many beneficial effects including relaxation and feelings of peace, security, and wellbeing. Reiki is a simple, natural, and safe method of spiritual healing and self-improvement that everyone can use.

Reflexology combines massage of the foot and acupressure points. As in many other forms of natural healing, reflexology works by allowing the body's natural life force energies to flow and balance. It allows for a full body relaxation.

Acknowledgments, Clients Rights and Consent:

I was informed the purpose of Energy Healing is to facilitate harmony and balance in the energy system creating an optimal environment for the body's innate tendency for healing to occur. Both Healing Touch and Reiki complement and support other traditional, medical and health treatments.

It has been explained to me that Energy Healing is a complementary therapy not intended to replace any currently prescribed medical treatment as ordered by my physicians nor any other medical practitioner.

I understand that the above named is not trained to diagnose illness, make recommendations involving pharmaceutical drugs or surgery, or handle medical emergencies.

I have been informed that Véronique Viola will neither diagnose nor prescribe for any condition that I might have nor does she make any specific claims regarding results from the Healing Touch sessions that I receive.

I have been informed that all client information and records are treated in a confidential manner. My experiences during these sessions are confidential subject to the usual exceptions governed State or federal laws and regulations.

My questions have been answered to my satisfaction regarding Healing Touch and Ms. Viola's background, and what I might expect from these sessions.

Except in the case of gross negligence or malpractice, I or my representative(s) agree to full release and hold harmless Véronique Viola from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my session(s)."

By signing below I do hereby, fully consent and give permission to receiving Healing Touch, Reiki or Reflexology from Véronique Viola, and commit to being open and involved in the healing process.

Cancellation/No Show Policy: To make appointment times available to all clients, please give 24 hour notice prior to your cancellation and/or reschedule. Appointment cancellation must be given by calling (704) 870-1209 or by emailing at veronique@vra.net. There will be a \$25 charge if cancellation notice is not given within 24 hours, and a charge of the full session fee for "no shows."

Phone Number: _____ Email: _____

Printed Name: _____ Date: _____

Signature: _____

